



## Preparation for Your CT Scan

If your doctor has ordered your scan with IV contrast, please notify us if you are diabetic, have kidney problems, or are over the age of 59. Labs will be drawn at our facility to make sure your kidneys are functioning properly. If you are diabetic and taking any form of Metformin or Glucophage, be aware that you will not take it for 48 hours after your CT scan. Please give us a call if you have any questions. One of our technologists will be happy to help you.

***If you are allergic to barium sulfate (oral) contrast or iodine (IV) contrast,***

***PLEASE NOTIFY MONTICELLO IMMEDIATELY!!***

***If there is any chance you may be pregnant, you MUST notify us while scheduling your appointment.***

Most CT scans of the Abdomen/Pelvis are done with oral contrast (unless we are looking for a kidney stone). Your doctor will inform you or Monticello if they want oral/IV contrast.

### Preparation for CT Scan with Oral Contrast

1. Pick up 2 bottles of oral contrast the day before your exam.
2. Refrigerate the barium before drinking.
3. Drink one bottle before bedtime.  
No eating or drinking after ingesting barium.  
No food or drink after midnight.
4. Drink  $\frac{1}{2}$  of the second bottle 1 hour before your exam time.  
Drink the other half 30 minutes before your exam time.
5. Wear loose fitting clothes **without metal** to your appointment.  
We have a gown for you to wear if this is not possible.  
Please leave all jewelry at home.